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Computer repertorisation

By 1984 the laborious work of repertorisation by hand with the repertorisation sheet had become burdensome for me, and I looked for something to make the work easier. I considered developing software for Kent's Repertory.

Fortunately, before I had done the large amount of work, I received the information that a computer repertory had already been completed. So I informed myself about HOMOEOLOG®, which at that time was the only homeopathic software in Germany.

Through this I got to know my long-time partner, Hans-Jürgen Albrecht, who, on account of his "laziness" – he never wanted to learn homeopathy the hard way – had developed this software.

With the HOMOEOLOG® computer-repertorisation program a very constructive collaboration began, out of which a completely new point of view could develop. Initially I was very pleased when the completely calculated repertorisation result suggested the remedy that I already had in mind for the patient. This brought a sense of reliability to the process and selecting remedies became just a matter of course.

Subsequently we would put our heads together to figure out why different remedies followed each other in sequence in the evaluation table, why certain remedies were given the same value in purely arithmetic terms although the standard literature did not place them in any association with each other.

At this time of manifold new insights, the idea came up that not only did one remedy from the evaluation have to be right for the patient, but probably several, perhaps even all them.

In lively exchange of views we began to search for the meaning of the remedies. We began to interpret symptoms, which, because of my anthroposophical education and strong imagination, was easy for me.

Computer repertorisation

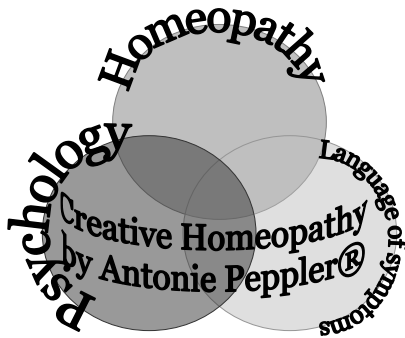
The connections of symptoms to the patient's life situation and the meanings of the remedies broke down in an ever-clearer way for us. It was an extremely exciting time, full of insights.

At the same time we developed the HOMOEOLOG® computer repertorisation system further by placing more importance on research in the direction of gaining a deeper understanding of homeopathy as we discovered it. Homeopathy for us became increasingly the reflection of life in all its diverse facets.

And since then up to the present day the methods of Creative Homeopathy, as well as any new research findings, have always been incorporated and integrated into the HOMOEOLOG® computer-repertorisation.

The approach to Creative Homeopathy

For many years I have taught the Creative homeopathic methods developed by us at the Centre for Creative Homeopathy. This is a special methodology in which the meaning of symptoms, homeopathy and psychology are brought together.



When we acquire knowledge about what a symptom is clearly saying to us, this symptom language can be applied to homeopathic remedies as a whole. As everything around us expresses a very specific symbolism, we can make use of this as well.

The 200 years of research work carried out up to now in the field of homeopathy enables us today to get a clear and comprehensive picture of the meaning of a remedy by reference to its symptoms. The basic prerequisite is, however, that one understands the language of symptoms and can apply it.

The approach to Creative Homeopathy

Matter is, according to Albert Einstein, nothing other than condensed energy. If we apply this physical law to the matter around us, then every substance is compressed energy. The “idea” has solidified itself into matter.

It is exactly this principle that homeopathy wants to clarify, so that its underlying meaning can be perceived and understood. For the sake of simplicity we make use of our powers of imagination in the form of pictures or metaphors.

Once we have understood something, this understanding of a quite specific context brings about a transformation, that is a permanent change in our internalized pattern.

This takes place, for example, when a belief implanted in childhood by an authority figure is questioned, recognized as false, and so is dissolved. All fears and behavior patterns connected to it are no longer needed and can be discarded. The basic pattern that was previously believed in has now changed.

The symptoms that first appeared as a result of previous behaviour patterns were physical, hence “materialized” products of a principle that was falsely understood and evaluated.

When the basis for a symptom is no more present, the person no longer needs the physical expression through the language of symptoms, whose only message is: “please change this.”

It is also only logical that symptoms disappear as soon as a transformation on the mental and emotional level takes place – for matter is compressed energy.

The Creative homeopathic method

As in classical homeopathy a comprehensive and thorough anamnesis is compiled through the use of a specially developed questionnaire, which is both for grown-ups and children. In this way the important and fundamental issues can be clarified in advance, so that in the therapy consultation there is time to discuss the specific issues of the patient. So at this early stage what the patient says can be carefully questioned and interpreted.

On the basis of the symptoms the life situation in which the patient finds himself may be easily recognised, and also, ideally, the process which led to the current issue. The development trends which have resulted from the past and the existing situation will also be taken into consideration.

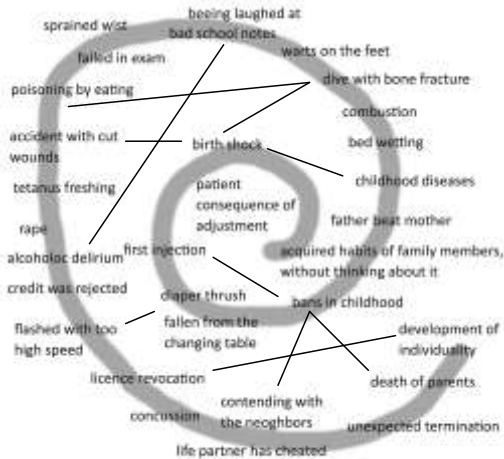
The life situation of the patient today!
How did it come about?
Where is it going?

Subsequently the symptoms are repertorised, and the meaning of the remedies listed in the analysis are considered and correlated.

In Creative Homeopathy disease is understood as a dynamic process, and is also treated as such. It is absolutely normal to use several remedies which belong together from the interpretation of the life situation at the same time.

This appears to be a heretical novelty, to be casually dismissed. If we recognise in this method of treatment a compression of what would normally be the result of several consultations, then we see the procedure in a different light. Furthermore, it also takes into account the discovery and research of Frederik Vesters that all experiences in our brain are interconnected. An experience has various components which, through something extreme like a shock, for example, can become virtually inseparable from each other.

The Creative homeopathic method



As a matter of course life situations are interconnected, therefore several homeopathic remedies can be correct, and giving them together as a combined dose is often important for resolving a complex issue without causing the patient unnecessary suffering. To follow this method it is important to have understood that homeopathy is a resonance therapy.

The patient has been burdened with his imprinted, materialised issues right up to the consultation. The homeopathic remedy that is taken provides an impulse, and brings the specific issue associated with it into resonance with the patient.

The resonance impulse corresponds to a mirror in which the patient recognises his issue, allowing him to make changes in himself, unless there are good reasons preventing this.

The Creative homeopathic method

An example of such a reason can, for example, occur when a patient is indeed sitting in a “golden cage”, is unhappy with this and produces symptoms as a result, but doesn’t want to give up being provided for.

Her individual development is postponed for the sake of maintenance and security. In such a case the symptoms usually persist or even get worse, especially when the patient allows herself to be treated homeopathically.

**Homeopathic treatment
always reveals the natural potential of a person,
the individual traits of a personality.**

Few homeopaths know that Hahnemann himself worked with multiple remedies. This becomes increasingly evident through the publication of his patient case studies.

A further novelty in the Creative homeopathic method of treatment is that higher potencies, for example, C 10,000, C 50,000, are even taken several times a day.

In several places in the Organon Hahnemann recommends the use of “small doses.” By this he means the reduction of material substance, in other words a high potency.

Potency means exclusively power!

With the taking of homeopathic remedies a message, an issue with a certain power, is transmitted in a specific power at a certain speed. The higher the potency, the more clearly and so more intensively the information reaches the patient.

The Creative homeopathic method

The Creative homeopathic treatment has the following procedure:

1. Anamnesis

The patient must be extensively questioned. His symptoms are interpreted and his life situation thereby understood.

2. Creating a hierarchy

Physical symptoms are preferred, for the language of symptoms is the only language in which the patient in his statement is honest.

3. Repertorisation

The most striking symptoms from the interpreted anamnesis are repertorised with the computer. It is not important here to find the exact verbal formulations of the patient.

- An interesting dream symptom can also be found as a delirium symptom in the repertory.
- A skin rash, which only appears in the morning and then disappears, can be found in the repertory under “skin eruption on the neck”, but our patient might have one, for example, on his leg.
- A craving for bananas may perhaps only be found in the repertory under “aversion to bananas.” As craving and aversion are merely “two sides of the same coin”, the opposing symptom may be entered in the repertory.

4. Deciding on the right remedy

Through the order of the remedy listing, the evaluation table becomes a description of the life situation of the patient in all its aspects. The remedies, whose meanings represent key psychological issues corresponding with the patient's current life situation, are taken together. The higher the potency of the correctly-chosen remedy, the quicker the healing.

Ailanthus glandulosa

ail

Chinese sumach, tree of heaven

Typical indications

- efflorescence, repressed = skin rash or eruption, repressed
- pharyngitis = inflammation of the pharynx, sore throat
- scarlatina = scarlet fever
- thyroid

Typical key symptoms

face expression, scared appearance <sk>	○ don't show your true face out of fear of punishment
fever, exanthema with scarlet fever <sk>	○ angrily show your hurt and will not suffer any longer

Additional selected symptoms

delusion, see rats running around the room <sk>	○ believe you must live in a dungeon or in the most deprived circumstances
delusion, feel a snake creeping up your leg <sk>	○ furthering your personal development seen as "temptation"
itching in the cervical region, at night <sk>	○ would very much like to experience joy and tenderness
pain with sensitivity like a sore on the thyroid <sk>	○ feel painfully pressured to express your own needs
oppressive cough, shortness of breath <sk>	○ would like to be acknowledged as a personality in your own right, but aren't.
volatile exanthema, rash <sk>	○ feeble attempt to show your suffering
sleepiness after wine <sk>	○ refuse enjoyment of life
red ear, through touching or scratching <sk>	○ angry about the challenge to listen to inner voice
sensitivity to air <sk>	○ cannot bear new impulses
vomiting of food in the chill phase of fever <sk>	○ refuse to remain in a dependency situation any longer
longing for raw food <sk>	○ desire vital energy
sleeping position on the right side <sk>	○ your personal will is repressed
cold sweat with nausea and vertigo <sk>	○ are too fainthearted to sort out self-deception and an unpleasant situation

Ailanthus glandulosa

headache in the middle of the forehead <sk>	○ defy your own intuition
numbness, tingling of the arms and fingers, as if they have fallen asleep, mornings on waking up <sk>	○ don't want to challenge the day, don't want to act on your own behalf

Current life situation

You have become accustomed to suffering, want to suffer. Don't dare to rebel. Nowadays the image of the suffering victim is considerably more positive than that of the perpetrator. As the one who suffers, you may not enjoy yourself, or be happy, but have to fulfill your duties etc. It is difficult to convince a person caught in suffering to accept the positive.
(I endure the suffering, for I have no grit.)

Remedy message (high potency)

Transform suffering into enjoyment of life!

Condition after taking the remedy (high potency)

After taking *ailanthus glandulosa*, it becomes evident that the personality feels inadequate (alco-a). Self-determination and its own purpose in life have not yet been developed. Instead of this it has created so many negative and stressful situations that it does not consider joy and self-determination possible any more (aloe). Closeness to others is felt as constricting because of negative experiences (rhus-t). So the real world of feeling is hidden behind hectic activity and suffering (nux-v)

Important follow-up or complementary remedies

alco-a, aloe, nux-v, rhus-t

**“Would rather suffer than
risk rebelling.”**

Allium cepa

all-c

Common onion, bulb onion, garden onion

Typical indications

- pollinosis = hayfever
- conjunctivitis = eye inflammation
- laryngitis = inflammation of the larynx
- neuralgia = nerve pain
- rhinitis = common cold
- forceps delivery

Typical key symptoms

copious, watery, acrid nasal discharge <sa>	○ are sick and tired of vitriolic anger
seems as if the cough would rupture the larynx <sa>	○ want to disentangle yourself at all costs from dominant figure
neuralgia, with sensation as if from a long thread <sa>	○ don't want to let go of your suffering, walk on the "long leash" of authority
painful, sore areas on the feet after rubbing and chafing, especially on the heel <sa>	○ it is grueling to run your heels off for nothing
recovery in the open air <sa>	○ would like to enjoy life

Selected further symptoms

amputation neuralgia <ss>	○ don't let go of old suffering
sharp pain in the side of the forehead, extends down to jaw and teeth <sk>	○ want to hold your ground and defend yourself against an intrusion
dreams of water and/or the sea <sk>	○ would like to allow feelings
chest pain while swallowing <sk>	○ it is not fair that you have to swallow everything
burning, piercing eyepain, must rub <sk>	○ are angry about what you are seeing
twinging pain in the limbs, cold air ameliorates <sk>	○ feel forced to take action, it helps to calm down
hayfever, annually in spring and/or in August <sk>	○ block your potential from start to finish
deposits on the teeth, dirty appearance <sk>	○ are controlled by a dominant figure, who obstructs your self-assertion
facial paralysis, puffiness due to substantial liquid retention <sk>	○ if you showed your true face, you would be much more emotional